

March 2026

Monarch House Schedule of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Rise & Shine with Regan 10:00 Move with Regan 10:45 Songs with Regan (MH) 1:00 Indoor Cornhole with Regan 2:30 Trivia with Regan 3:30 Sunday Surprise (MH)	2 9:15 Move with Eli 10:00 March 2026 Highlights and Gazette Review 11:00 Yoga with Caryn (Eli) 1:00 Dancing with Eli 2:15 Travels with Eli 3:15 1:1 Social Visits	3 9:15 Move with Eli 10:00 Group Puzzles with Melissa 1:00 Indoor Bowling and Courtyard Walks with Eli and Melissa 2:30 Purple Art with Eli 3:30 One to One Social Vists 4:00 Trivia Time with Eli	4 9:15 Move with Melissa 10:00 Laughquake with Melissa 11:00 Sing Along with Melissa 12:00 Reminisce Letters & Cards 2:30 Yoga with Amelia (Melissa) 3:30 Art Appreciation with Melissa	5 9:15 Move with Eli 11:00 Curious Dragonfly Class with Trina (Eli) 11:00 Walker and Wheelchair Wash with Melissa 1:00 Group Puzzle with Melissa and Eli 3:00 Piano Thursdays (FL) 4:00 Jeopardy with Melissa and Eli	6 9:15 Move with Melissa 9:15 Move with Eli 10:00 Music with Kiemel (FL) 11:00 Yoga with Caryn (FL) 1:00 Indoor Balloon Volleyball with Eli and Melissa 2:00 Explore Nature with Melissa 3:30 Karaoke Fridays (FL)	7 9:15 Move with Melissa 9:15 Social Visits with Eli 10:00 Yoga with Eli (FL) 10:45 Choir with Melissa (FL) 1:00 Social Visits with Eli 2:00 Collage Craft with Melissa 3:00 Live Music Saturdays 4:00 Trivia Time with Melissa & Eli
8 9:30 Rise and Shine with Duffy 1:00 Walking Club with Duffy 3:00 Bowling with Duffy	9 9:00 Rise and Shine with Melissa 9:15 Move with Melissa 10:00 Jeopardy with Melissa 2:15 Travelogue with Duffy	10 9:00 Rise and Shine with Regan 10:00 Garden Club with Melissa and Regan 1:30 Indoor Volleyball with Melissa 2:30 Dance with Melissa 3:00 Family Council (IR) 4:00 Trivia Time with Regan	11 9:15 Move with Melissa 10:30 Game: "Have you ever?" 11:00 Garden Herbs with Melissa 1:00 Social Visits 2:30 Yoga with Amelia 3:30 Nature Explorations with Melissa	12 9:15 Move with Melissa 10:15 Sing Along with Melissa 1:00 Group Puzzle 2:00 Game: "Name 10" 3:00 Piano Thursdays & March Birthday Party (FL) 4:00 Jeopardy with Melissa	13 9:00 Rise and Shine with Melissa 9:15 Move with Melissa 10:00 Music with Kiemel (FL) 11:00 Yoga with Melissa and Regan (FL) 1:00 Indoor Balloon Volleyball with Melissa 3:30 Karaoke Fridays (FL)	14 9:15 Rise & Shine with Melissa 10:00 Music & Movement with Regan 10:45 Choir with Melissa (FL) 1:00 One to One Social Visits 2:00 Sing Along with Melissa 3:00 ST. Patrick's Day Celebration
15 9:15 Rise & Shine with Regan 10:45 Songs with Regan (MH) 1:00 Volleyball with Regan 2:30 Trivia with Regan 3:30 Sunday Surprise (MH)	16 9:00 Move with Regan 10:00 Songs with Regan (MH) 11:00 Yoga with Caryn 1:00 Indoor Bowling Fun (MH) 2:15 Travels with Regan 3:30 Crafts with Regan (MH)	17 9:00 Move with Regan 10:00 Explore Animals & Habitats with Melissa and Regan 1:30 Courtyard Walks and Volleyball with Melissa 2:30 Purple Art (Melissa) 3:30 St. Pattys Happy Hour & Music (FL) 4:00 Trivia Time with Regan	18 9:30 Rise and Shine with Melissa 10:30 Volleyball with Melissa 1:00 Kindness Club with Melissa 2:30 Yoga with Amelia 3:30 1:1 Social Visits with Melissa	19 9:15 Move with Melissa 9:45 Move with Melissa 10:15 Walker and Wheelchair Wash 1:00 Group Puzzle 3:00 Piano Thursdays (FL) 4:00 Jeopardy with Melissa	20 9:00 Rise and Shine with Melissa 9:15 Move with Melissa 10:00 Music with Kiemel (FL) 11:00 Yoga with Caryn (FL) 1:00 Indoor Balloon Volleyball with Melissa 2:30 Worship with Sarah 3:30 Karaoke Fridays (FL)	21 9:15 Move with Melissa 9:15 Rise & Shine with Melissa 10:00 Music & Movement with Regan 10:45 Choir with Melissa (FL) 1:00 One to One Social Visits with Melissa 2:00 Crafts with Melissa 3:00 Live Music Saturdays 4:00 Trivia Time

MH = monarch House, FL = Front Lobby, IR = Ivy room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28 🎂
9:15 Rise & Shine with Regan 10:00 Move with Regan 10:45 Songs with Regan (MH) 2:30 Trivia with Regan 3:30 Sunday Surprise (MH)	9:00 Move with Regan 10:00 Songs with Regan (MH) 11:00 Yoga with Regan 1:00 Indoor Bowling Fun (MH) 2:15 Travels with Regan 3:30 Crafts with Regan (MH)	9:00 Move with Regan 10:00 Finish the Phrase with Melissa 10:30 Travel with Chris Wells (Regan) 1:30 Courtyard Walks and Bowling with Melissa 2:30 Art with Melissa 3:30 Trivia Time with Regan	9:30 Rise and Shine with Melissa 10:15 Story Telling with Melissa 1:00 Garden Club with Melissa 2:30 Yoga with Amelia 3:30 Trivia Time with Melissa	9:15 Move with Melissa 10:15 Walker and Wheelchair Wash 1:00 Group Puzzle 3:00 Piano Thursdays (FL) 4:00 Jeopardy	9:00 Rise and Shine with Melissa 9:15 Move with Melissa 10:00 Music with Kiemel (FL) 11:00 Yoga with Regan and Melissa (FL) 1:00 Indoor Balloon Volleyball with Melissa 2:30 Worship with Sarah 3:30 Karaoke Fridays (FL)	9:15 Move with Melissa 9:15 Rise & Shine with Melissa 10:00 Music & Movement with Regan 10:45 Choir with Melissa (FL) 1:00 One to One Social Visits 2:00 Crafts with Melissa 3:00 Live Music Saturdays
29	30	31 🎂	Happy Birthday 🎂			
9:15 Rise & Shine with Regan 10:00 Move with Regan 10:45 Songs with Regan (MH) 1:00 Cornhole with Regan 2:30 Trivia with Regan 3:30 Sunday Surprise (MH)	9:00 Move with Regan 10:00 Blue Goose Farm (FL) 11:00 Sing Along with Regan 1:00 Indoor Bowling Fun (MH) 2:15 Travels with Regan 3:30 Crafts with Regan (MH)	9:00 Move with Regan 10:00 Cooking Club with Melissa and Regan 1:30 Courtyard Walks and Breathing Exercises with Melissa 2:30 Puzzles with Melissa and Regan 3:30 Trivia Time with Regan	Mar 28 Lorraine Rennick	Mar 31 Karen Sachs		

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